

**REVIEW:**

1. God hears our words and does to us accordingly. **NUMBERS 14:28**
2. God cheers when we speak right things. **PROVERBS 23:15-16**
3. We will be held responsible for our words. **MATTHEW 12:36-37**
4. Tongue control is a mark of spiritual maturity. **JAMES 3:2**
5. Our words affect our emotional and physical health. **PROVERBS 16:24**
6. Our words can hurt or heal relationships. **PROVERBS 12:18**
7. Our words can enslave or liberate us. “No.” **PROVERBS 6:2**
8. We need God’s help in taming the tongue. **PSALMS 141:1-3, 39:1-4**
9. Our words can edify, minister grace or grieve. **EPHESIANS 4:29-30**
10. Our speech needs seasoning; grace is as salt. **COLOSSIANS. 4:6**

**CONTINUE: GENESIS 3:1, JOHN 16:33 (AMPC)**

1. Jesus assured us that we would face challenges in this life. His counsel seems questionable. He says to be courageous, and undaunted. Why? Because He conquered the world for us.
2. What does knowing Jesus conquered the world for us have to do with our words and what we say?
  - A. **1 JOHN 5:4** – We overcome the world by exercising faith in the finished work of Christ. **REVELATION 12:11**
  - B. **ROMANS 10:8-10** – Faith believes and speaks. Jesus conquered death for us. All we have to do is believe it and confess it.
3. Our authority is released with words. **MARK 11:23**
  - A. Say means to call forth, command or declare.
  - B. Mountain stands for the problem, or obstacle.
  - C. Speaking about the problem makes it bigger in our mind.
  - D. Speaking to the problem is the way to move it.
4. Areas to consider.
  - A. Spiritual growth. **EPHESIANS 4:15** – We are to speak the truth in love and speak against the lies that hinder our growth. **ROMANS 5:17-21**
    - € In Adam we are all victims, but in Christ we are victors. It’s our responsibility to declare who we are in Christ and speak against every thought to the contrary.
    - € Are you worthy or worthless, valuable or valueless?
  - B. Our marriage – **EPHESIANS 5:23, 28**
  - C. Our children – **EPHESIANS 6:4**
  - D. Our emotional and physical health – **PROVERBS 16:24**
  - E. Our finances – **PHILIPPIANS 4:19**
  - F. Our relationships – **MATTHEW 5:9**

**CONCLUSION:** We must speak to envy, strife, unforgiveness, guilt, condemnation, weakness, anger, anxiety, sickness, doubt, poverty, fear and every obstacle that must be removed in order to achieve success. If we don’t speak to the mountains, they will dominate our lives.