

**ABOUT THE HOLY SPIRIT – 4**  
**OCTOBER 9, 2019**

**GALATIANS 5:16**

Our worst enemy is not the devil, or the world. It's the flesh. The flesh caused Cain to kill Able, Joseph's brothers to sell him into slavery, Moses to strike the rock twice, Jonah to flee Nineveh, and Samson, Solomon and David to yield to lust. Jesus said the spirit is willing, but the flesh is weak. Paul said the way to overcome the flesh is to walk in the Spirit. There are nine gifts of the Spirit and there are nine graces of the Spirit. Some teach three are God-ward – love, joy, and peace; three are man-ward - longsuffering, gentleness and goodness; and three are us-ward -faithfulness, meekness and temperance.

**THE BREAKDOWN**

1. Love. **ROMANS 5:5**
  - A. This fruit gives us unconditional love for God and man.
  - B. **1 JOHN 3:14** – Love is the proof of our salvation.
  - C. **EPHESIANS 3:17-19** – Love fills us with God's fulness.
  
2. Joy is love's strength. **NEHEMIAH 8:10**
  - A. **JOHN 15:11** – This joy comes from our Lord.
  - B. **1 PETER 1:6 - 8** – This joy is inexpressible.
  - C. **LUKE 6:23** – This joy is activated by faith.
  
3. Peace is love's security. **JOHN 14:27**
  - A. **ROMANS 5:1** – Peace with God.
  - B. **ROMANS 8:5-6** – The spiritual mind produces peace.
  
4. Longsuffering is love's endurance. **2 PETER 3:8-9**
  - A. **2 PETER 3:15** – The goal is salvation.
  - B. Longsuffering means slow to avenge those who wrong us.
  
5. Gentleness is love's conduct. **EPHESIANS 4:31-32**
  - A. **TITUS 3:3-7** – It means to show kindness.
  - B. **EPHESIANS 2:7** – It continues through the ages.
  
6. Goodness is love's character. **EPHESIANS 5:8-9**
  - A. **ROMANS 2:4** – Goodness leads to repentance.
  - B. **ROMANS 12:19-21** – Goodness overcomes evil.
  
7. Faithfulness is love's loyalty. **PROVERBS 20:6**
  - A. **REVELATION 2:10** – Is essential to get the crown of life.
  - B. **PROVERBS 28:20** – It causes blessings to abound.
  - C. **LUKE 16:10-12** – Three areas of faithfulness.
  
8. Meekness is love's humility. **MATTHEW 11:28-30**
  - A. **GALATIANS 6:1-3** – Everyone is vulnerable.
  - B. **1 PETER 3:1-4** – A meek and quiet spirit is precious.
  - C. Meekness is our thoughts and attitudes towards others.
  
9. Temperance is love's victory. **1 CORINTHIANS 9:24-27**
  - A. **2 PETER 1:5-9** – A foundational building block.
  - B. **GALATIANS 5:19-21** – It's necessary to overcome the works of the flesh.
  - C. Defined – One who masters his desires and passions.

**CONCLUSION:** The Spirit within imparts the graces that enable us to crucify the works of the flesh, and live holy, godly, righteous lives. The choice is ours. We sow to the flesh or spirit. we reap what we sow.