THE HOUR OF PRAYER JANUARY 19, 2022

MATTHEW 26:36-46

Jesus is about to agonize in prayer. His desire is for the cup of God's judgment to pass from Him. He asks His disciples to pray. After an hour, He finds Peter, James and John sleeping. He addresses Peter because of his vocal comments about loyalty. **MATTHEW 26:33-35** Jesus knew how frail human flesh is. So He instructed Peter to pray so he wouldn't give in to temptation. Instead, Peter fell asleep and soon after he fell victim to temptation.

- Jesus requested help in prayer. Such humility!
- Corporate prayer is effective, or Jesus wouldn't have asked for it.
- Not praying can make us vulnerable to temptation.
- The flesh wants to dominate the spirit.
- James and John also failed the first test.
- There are 168 hours in a week. Giving God an hour in prayer doesn't seem unreasonable.

1 TIMOTHY 2:1-3 (MSG, TPT)

We are to pray for ourselves, our nation, the body of Christ, the church and the unreached.

• Prayer works. **JAMES 5:16 (AMPC)** If we desire tremendous power, we must be committed to prayer!