

THE SPIRIT WITHIN

MARCH 25, 2026

JOHN 14:16-18

Too often we find ourselves looking without in order to receive healing from God. The reason being, we think we need to penetrate the heavens to bring down what we desire from God. Before Jesus returned to Heaven, He said a new day was upon us. In the Old Covenant, the Holy Spirit couldn't live in people because of our sin-nature. Our old man was not compatible with God's holiness. For our protection, we couldn't have the Spirit live in us. Only the high priest could approach God once a year with a proper sacrifice. But now, our new nature is compatible with God's holiness and the Spirit can live in us just as Jesus said.

2 COR. 5:17 We are new creations having a new nature.

1 COR. 3:16 We are God's temple and compatible with the Spirit.

COL. 1:27 Christ is in us, our hope of glory.

ROM. 8:11 AMPC The spirit is in us to restore life to our perishable bodies. This is speaking of the power of the Spirit within giving resurrection life to our physical bodies.

- **EPH. 3:20** Notice, it's the power that works in us (Dunamis).
- **1 JOHN 4:4** Notice, the Greater One is in us.

Activated by Faith ROM. 10:13-17

The spirit is waiting for us to activate His power with our faith. Faith involves hearing, believing, and acting—the primary action of faith being speaking. **2 COR. 4:13**

- “Holy Spirit, I release you to annihilate and destroy every cause of sickness and disease in my body.”
- The Spirit within makes the works of Jesus a reality.
- **PS. 103:1-5, IS. 40:29-31**

CONCLUSION: Our focus must be on who God is in us. He is our sufficiency not ourselves. Healing comes from the Spirit within.